

The Eleventh Annual Cobscook Bay 10K/5K was held in Pembroke on Sunday, 2 June 2002. Despite intermittent showers, the race attracted a near record number of participants.

Triathlete Bob Hepler held off past 10K winner Jeremy Lisee (1996–2000) for a second year in a row, finishing with an impressive time of 34:19, a scant five seconds short of the course record. Hepler's race was made more notable by turning in an excellent time after having biked 30-plus miles to the start from Machias—as final training session for an upcoming triathlon in Maryland. Sue Foster, a master's runner, won the overall women's 10K with a time of 41:01, ahead of Kathleen Bell (41:50) and Katrina Bisheimer (45:25). Our youngest 10K participant, thirteen-year-old Amanda Williams, posted a 59:06 in the 10K.

In the 5K race, Andrew Roussel of Calais led the men with a 19:24; Yvonne Hayward was the first woman finisher in 23:18. Angela Fochesato was the first 5K walker with a fast record time of 38:24.

For the first time in the eleven years of the Cobscook Bay 10K, the number of participants in the 10K exceeded that of the 5K (80 to 48). The skies cleared for the post-race salmon cookout and barbeque, and the awards ceremony followed. As in past years, the event was an enormous success for Down East Hospice, a nonprofit organization that provides free care and support for the terminally ill, the grieving, and their families throughout Washington County, Maine.

The race directors wish to thank the Hospice volunteers, members of the community, and all the participants who helped make this year's event a resounding success.

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"F" denotes first female; "W" denotes first walker.

#### Fun Run (9 finishers)

1) Amos Almy, 7:57; 2.) Athian Lewey, 8:38; 3.) Manny Aretakis, 8:42; 4.) **F1**: Nadine Biss, 8:48; 5.) **F2**: Anna Dore, 9:31; 6.) **F3**: Lily Evans, 9:42; 7.) Sam Schuth, 11:29; 8.) Gianna Porter, 17:09; 9.) Emma Huntley, 17:40.

#### 5K Results (48 finishers)

1) Andrew Roussel, 19:24; 2.) Dominic Winski, 20:11; 3.) Stephan Cates, 21:12; 4.) **F1**: Yvonne Hayward, 23:18; 5.) Jarrod Lewey, 24:05; 6.) Gabriel Winski, 24:25; 7.) Greg Politit, 24:36; 8.) Jeff Coon, 24:47; 9.) **F2**: Ashley Doten, 25:04; 10.) Richard Roussel, Sr., 25:36; 11.) **F3**: unknown female, 25:43; 12.) John Appleby, 25:48; 13.) Eric Fochesato, 27:09; 14.) Diane Cashore, 27:31; 15.) Isolde Schlaisich, 29:07; 16.) Mike Knowles, 29:19; 17.) Deborah Huntley, 30:35; 18.) Jason Huntley, 30:49; 19.) Marie Duffy, 32:17; 20.) Michael Butz, 35:19; 21.) Tom Miller, 36:21; 22.) **W**: Angela Fochesato, 38:24; 23.) Steven Knowles, 44:05; 24.) Rebecca Cashore, 45:20; 25.) John Cashore, 45:23; 26.) William Albee, 46:10; 27.) Mariah Kirshman, 47:25; 28.) Barbara Smith, 48:59; 29.) Rachael Smith, 49:02; 30.) Samuel Guldin, 49:03; 31.) Henry Schuth, 49:17; 32.) Janice

Rice, 49:21; 33.) Barbara Roussell, 49:48; 34.) Carol Allard, 49:49; 35.) Wayne Seeley, 51:49; 36.) Roberta Seeley, 51:50; 37.) Sandra Pottle, 51:54; 38.) Frank Schuth, 51:55; 39.) Alice Schuth, 53:30; 40.) Bernie Cecire, 53:12; 41.) Jacob Swain, 53:45; 42.) Gretchen Swain, 53:46; 43.) Cathy Swain, 53:47; 44.) Megan Knowles, 55:05; 45.) Gynell Shoppee, 58:40; 46.) Nathan Shoppee, 56:41; 47.) Stephanie Allard, 60:14; 48.) Scott Fraser, 60:15.

### 10K Results (80 finishers)

"F" denotes first female; "M" denotes first master male; "MF" denotes first master female.

1. Bob Heppler, 34:19; 2) Jeremy Lisee, 35:25; 3) **M**: Newell Lewey, 36:06; 4) Ross Bartlett, 36:13; 5.) Knud Hermansen, 36:19; 6.) Chris Frank, 36:25; 7.) Jim Newett, 36:27; 8.) Tim Wakeland, 36:54; 9.) Kevin Dow, 38:17; 10.) Alexander Brunton, 38:45; 11.) Robert J. Newell, 38:53; 12.) Jeff Larson, 39:13; 13.) Karl Johnson, 40:55; 14.) **F1**: 41:01; 15.) David Dent, 41:20; 16.) Katleen Bell, 41:50; 17.) Alan Stockley, 42:06; 18.) Christopher Almy, 42:37; 19.) Lance Stuart, 43:23; 20.) Alfred Keep, 44:23; 21.) Peter Lodge, 44:25; 22.) Mickey Lackey, 45:16; 23.) **F2**: Katrina Bisheimer, 45:25; 24.) Andy Pottle, 45:38; 25.) Patrice Lastutka, 45:52; 26.) Joseph Roger, 46:20; 27.) Austin Townsend, 46: 41; 28.) Bill Pinkham, 47:04; 29.) Troy Brown, 47:06; 30.) Steph Peavey, 47:23; 31.) Karen Welch, 47:52; 32.) Joel Stevens, 48:31; 33.) Tony Jans, 49:04; 34.) Nancy Contino, 49:06; 35.) Brian Schuth, 49:37; 36.) Peter Knowles, 50:03; 37.) John Churchill, 50:43; 38.) **F3**: Margaret Brunton, 50:53; 39.) Kristy Doten, 51:12; 40.) Maria Girouard, 51:26; 41.) Katie Brunton, 51:34; 42.) Jeanne Butterfield, 51:48; 43.) Trent Lupoli, 51:52; 44.) Paul Nichols, 51:55; 45.) Gary Wakeland, 52:01; 46.) Steward Swain, 52:13; 47.) Ernie Tracy, 52:36; 48.) Marty Elliot, 53:15; 49.) Paul Roche, 55:36; 50.) Phil Stuart, 55:39; 51.) Kari Richardson, 56:15; 52.) Robin Emery, 56:38; 53.) Edwin Williams, 56:58; 54.) Amanda Williams, 59:06; 55.) Peggy Engroff, 1:00:49; 56.) Samantha Williams, 1:00:55; 57.) Cathy Dent, 1:01:04; 58.) Pat Fauslis, 1:05:38; 59.) Mary Alice Bruce, 1:06:39; 60.) Rusty Elliot, 1:14:07; 61.) Sally Williams, 1:28:02; 62.) **W**: Ron Sexton, 1:34:29; 63.) Chris Deering, 1:34:31; 64.) Becky Ashby, 1:35:09; 65.) Wanda Kirshman, 1:35:11; 66.) Fred Donahue, 1:41:14; 67.) Fred Becker, 1:41:15; 68.) Jennie Ganong, 1:41:30; 69.) Gordon Ganong, 1:47:30; 70.) Jim Pottle, 1:47:30; 71.) Lou Esposito, 1:49:59; 72.) Lauren Simpson, 1:49:59; 73.) Arielle Richardson, 1:51:30; 74.) Haley Richardson, 1:51:33; 75.) Danielle Magoon, 1:51:35; 76.) Shirley Richardson, 1:51:40; 77.) Ann Simmons, 1:52:56; 78.) David Simmons, 1:58:36; 79.) Pam Beckett, 1:56:37; 80.) Jo Shannon, 1:58:37.